

## HOW TO MEASURE FOR TributeNight™ Torso Garments

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Mark the length reference points from where you would like the garment to start and end at the determined positions directly on your patient's skin using a water-based marker.

②

Measure the circumferences in centimeters at those same marked reference points and record the measurements on the left side of the diagram on your Order Form. *(See details below.)*

③

Measure the length at each marked reference point, and record the measurements on the right side of the diagram on your Order Form. *(See details below.)*

*We recommend patients be in a relaxed, supine (laying down) position.*

### Answers to Frequently Asked Questions

- ⌘ In extreme presentations, measure the lobules, breast and/or pannus in a supported position.
- ⌘ When skin folds are present, measure the smallest and largest circumferences.
- ⌘ Contact our Custom Design Center to send photos or illustrations to further explain patient presentations.
- ⌘ With patients who fluctuate frequently, please feel free to add a circumference range.

### Circumferences

Left side of diagram

- H<sup>c</sup>** Measure hip circumference at determined **H** position (Iliac Crest).
- I<sup>c</sup>** Measure waist circumference at determined **I** (natural waistline/zero position)
- J<sup>c</sup>** Measure circumference at determined **J** position (just below chest). Lift chest if necessary.
- K<sup>c</sup>** Measure chest circumference at determined **K** position (mid-breast/fullest part of breast line). For unilateral mastectomy, measure left and right side independently from anterior midline of chest to posterior midline.
- L<sup>c</sup>** Measure circumference at determined **L** position (superior chest).
- N<sup>c</sup>** Measure **N** circumference of the neck at its greatest circumference.

### Lengths

Right side of diagram

- H<sup>L</sup>** Measure length from **I** (natural waistline/zero position) below transverse watershed to **H** position (Iliac Crest).
- I<sup>L</sup>** Zero (0) position. No measurement needed.
- J<sup>L</sup>** Measure length from **I** (natural waistline/zero position) to **J** (just below breast).
- K<sup>L</sup>** Measure length from **I** (natural waistline/zero position) to **K** (mid-breast/fullest part of the breast line).
- L<sup>L</sup>** Measure length from **I** (natural waistline/zero position) to **L** (axilla). *A pencil can be placed in the armpit as a visual guide.*
- M<sup>L</sup>** Measure shoulder length of **M** from HPS (high point shoulder/base of neck) to AC Joint.
- N<sup>L</sup>** Measure shoulder straddle length of **N** from determined anterior **I** (natural waistline/zero position), over shoulder and back to posterior **I** (natural waistline/zero position)
- O<sup>L</sup>** Measure length of **O** from AC joint, under axilla and back to starting AC joint position.